

RESOLUTION 2024-02-585

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF WHITE SALMON, WASHINGTON, RECOGNIZING MENTAL HEALTH AWARENESS MONTH.

Recognizing the unique challenges and circumstances of our citizens in White Salmon, where mental health is not just a national issue but a local one deeply affecting our community, we bring forth this resolution.

WHEREAS, mental health is a critical part of every citizen’s overall health and wellbeing; and

WHEREAS, mental illnesses are prevalent in our city, state, and nation; and

WHEREAS, one in five adults and adolescents in the United States live with a mental illness, less than half receive treatment, and through education about supportive mental health resources in our community, we can encourage our citizens to seek help for mental health issues; and

WHEREAS, with millions of people regularly experiencing stress, anxiety, and depression, it is critical to reduce the stigma around mental health struggles because that stigma often prevents individuals from seeking help; and

WHEREAS, one third of the United States population lives in a county designated as a mental health professional shortage area, which includes Klickitat County; and

WHEREAS, each business, school, government agency, health care provider, organization, and citizen share the burden of mental health issues and has a responsibility to promote mental wellness and support prevention efforts; and

WHEREAS, the City of White Salmon commits to recognizing Mental Health Awareness Month and

WHEREAS, the City of White Salmon commits to taking steps to provide mental health resources and support, hosting community workshops, and promoting mental health education; and

WHEREAS, the National Alliance on Mental Illness recognizes May each year as Mental Health Awareness Month, however the City of White Salmon currently recognizes two heritage months in the month of May, therefore the city believes April is a better month to focus on the importance of mental health.

NOW, THEREFORE, be it resolved by the City Council of the City of White Salmon that the City of White Salmon will annually recognize the month of April as Mental Health Awareness Month.


ADOPTED at a regular session of the City Council of White Salmon this 7th day of February, 2024.

CITY OF WHITE SALMON, WASHINGTON

DocuSigned by:

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Marla Keethler, Mayor

ATTEST:

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Stephanie Porter, Clerk/Treasurer

APPROVED AS TO FORM:

DocuSigned by:

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Shawn MacPherson, City Attorney