

PROCLAMATION 2019-003

**A PROCLAMATION BY THE CITY OF WHITE SALMON,
WASHINGTON DECLARING MAY 2019 AS MENTAL HEALTH
AWARENESS MONTH IN THE CITY OF WHITE SALMON**

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, all Americans experience times of difficulty and stress in their lives; and

WHEREAS, prevention is an effective way to reduce the burden of mental health conditions;
and

WHEREAS, there is strong research that animal companionship, humor, religion, spirituality,
recreation, social connections, nutrition, acceptance, housing and work-life balance can help all
Americans protect their health and well-being; and

WHEREAS, mental health conditions are real and prevalent in our nation; and

WHEREAS, access to mental health treatment is limited in rural areas and lower-income
communities; and

WHEREAS, with effective treatment, those individuals with mental health and other chronic
health conditions can lead full, productive lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization and
citizen shares the burden of mental health conditions and has a responsibility to promote mental
wellness and support prevention efforts.

NOW, THEREFORE, I, Mayor David Poucher, and the City Council of the City of White
Salmon, do hereby proclaim May 2019 as Mental Health Awareness Month in the City of White
Salmon.

Passed in regular session this 17th day of April, 2019.



David Poucher, Mayor

ATTEST:



Jan Brending, Clerk Treasurer

APPROVED AS TO FORM:

Kenneth B Woodrich, City Attorney